"SILYCOUN DENSUS" (SILAT BY THE SIMULATION AND COUNSELING SOCIODRAMA) AS AN ALTERNATIVE PREVENT YOUNG FIGHTERS BRAWL AMONG SMAN 1 Jiwan

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Abstract: The purpose of the activities of student creativity program community service is to prevent aggressive actions of students who take martial arts martial arts, especially in terms of young fighters brawl at SMA Negeri 1 Jiwan Madiun.

To achieve the goal, namely to prevent fights among fighters Young SMA Negeri 1 Jiwan, the program prepared by the method of Counseling very interesting to say to students who use the model role play, ie with SILYCOUN Detachment (Silat by Counseling Simulation and Sociodramas) that combined with other activities such as guidance counseling group. Obviously this will make students become more interested and excited for the event. So expect after joining this program, young fighter SMA Negeri 1 Jiwan can have self-control and empathy to refrain from actions that are aggressive like brawling. Counseling for young fighters is very important, because the adolescent emotions are very unstable and easily influenced.

The results of the implementation of the program is provided through intensive exercise, seemed enthusiastic students to accept differences in education, empathy students in performing the role sociodramas able to enter in their daily lives, as well as some students who initially resolve problems using emotions, so far already shows improvement which has begun to think about the risk or bad consequences if forward emotions, although there are still some students who need special attention in performing the role because the level of high emotion.

Key Words: Silat, Counselling, Simulation, Sociodrama.

Abstrak: Tujuan dari kegiatan program kreativitas mahasiswa pengabdian pada masyarakat ini adalah untuk mencegah tindakan agresif siswa yang mengikut seni beladiri pencak silat khususnya dalam hal tawuran pada pesilat muda SMA Negeri 1 Jiwan Kabupaten Madiun.

Untuk dapat mencapai tujuan, yaitu mencegah tawuran dikalangan pesilat muda SMA Negeri 1 Jiwan, program ini disusun dengan metode Bimbingan Konseling yang sangat menarik untuk disampaikan kepada siswa yang menggunakan model permainan peran, yaitu dengan SILYCOUN DENSUS (Silat by Counseling dengan Simulasi dan Sosiodrama) yang dipadukan dengan kegiatan konseling lainnya seperti bimbingan kelompok. Tentunya hal ini akan membuat siswa tertarik dan menjadi lebih bersemangat untuk mengikuti kegiatan. Sehingga diharapkan setelah mengikuti program ini, pesilat muda SMA Negeri 1 Jiwan bisa mempunyai pengendalian diri dan rasa empati agar tidak melakukan tindakan yang bersifat agresif seperti tawuran. Konseling untuk pesilat muda ini sangat penting, sebab emosi remaja sangatlah labil dan mudah dipengaruhi.

Hasil dari pelaksanaan program ini yang diberikan melalui latihan intensif, terlihat antusias siswa untuk mau menerima perbedaan perguruan, empati siswa dalam melakukan peran sosiodrama mampu masuk dalam kehidupan sehari-harinya, serta beberapa siswa yang pada mulanya menyelesaikan masalah menggunakan emosi, sejak ini sudah menunjukkan peningkatan yaitu sudah mulai mampu memikirkan resiko atau akibat buruk jika mengedepankan emosi, meskipun masih ada beberapa siswa yang membutuhkan perhatian khusus dalam melakukan peran karena tingkat emosi yang tinggi.

Kata kunci: Silat, Counselling, Simulasi, Sosiodrama

1. PRELIMINARY

Based on observations obtained, SMA Negeri 1 Jiwan a suitable school to become a target PKM-M with the title "SILYCOUN Detachment" (Silat By Counseling With Simulation and Sociodramas) As an alternative Abatement brawl among young Pesilat SMA Negeri 1 Jiwan.
The school is housed in the west with the district. Maospati, Magetan, in the north bordering the district. West District. Ngawi, East with the Madiun approximately 4 km from the City of Madison. Environment in the village of majority is a warrior with a variety of college silat. Nearly 70% of students SMA Negeri 1 Jiwan is a fighter, but in terms of self-control ability of the fighters is very less. The majority of fighters SMA Negeri 1 Jiwan participate annually brawl that, in a time of 1 Suro. Their inability due to many outside influences and they have not been able to filter incoming influence. In this case can be influenced by several factors, for example, there is a personal problem but most of them went along, arguing that the hostilities had been hereditary inherited from their ancestors who had clashed with other college silat. Another reason is loyalty, because they were defending a friend who was a power struggle with college silat door when they do not know the real issues. Therefore, self-control and less parental attention to children be one of the low empathy students.

Pencak Silat is a skill or ability to defend itself with cleverness parry, attack and defense with or without arms. Having the ability to martial arts is one of the advantages of self-defense, but the thought of young students who are still unstable and are not able to control your emotions and had pocketed a good martial arts, the students sometimes misuse it, not to defend themselves but to support negative emotions. Therefore, it is necessary to direct assistance to potential this fighter is able to create performance, not vice versa. Especially when faced with exponents differences should not be debated but even the big problem, for example, is the difference in college. According to Hughes (2007), pencak silat is a martial art rooted in traditional Malay culture, and can be found in almost all parts of Indonesia. Currently, the martial arts has been contested in the national and international levels.

Actually, the fighters have received the material on how the application of martial arts in pergunannya, and after studying martial arts at the course the student should have been able to use and take advantage of the martial arts as needed. But in fact, the young fighter SMA Negeri 1 Jiwan majority have not been able to direct their resources into the well. The inability of students caused by the level of emotional lability and low self-control. This causes them unable to accept well the lessons of what has been delivered by their coach while in forging practice site. Even when there was a small misunderstanding that occurred, both from fellow fighters but in a different college or students who do not follow the martial arts, it will make them as big enemy. This leads to difficult for teachers to intervene thoroughly because if fights dilerai school can not guarantee the problem is completed, because they feel they have a lot of friends fighters who will support them, they will continue the fight outside the school.

The program aims to prevent a fight or brawl at a young fighter SMA Negeri 1 Jiwan using SILYCOUN Detachment (Silat By Counseling With Simulation and Sociodramas). The advantages of this Densus Silycoun is growing awareness in the management of emotions by utilizing guidance and counseling services with methods play a role so that the fighters are invited to be able to empathize with others and through his role. With the growing awareness of the importance of self-control and have a sense of empathy for others it fights or brawls can be avoided.

The outcomes expected from community service activities are the students able to control himself not to do brawl or a fight with a program of activities SILYCOUN Detachment and the guidebook "SILYCOUN Detachment" made in full, from start to understanding martial arts, understanding the martial arts, the notion counseling, the notion of group counseling and how to implement it, understanding sociodrama and how to implement it, the notion of simulation and how to implement it, including how to implement SILYCOUN Detachment and sociodramas example. The book is made complete in order, the service provider will be able to continue these activities even though the program is not accompany the team again. The handbook was given to the school as a guide or teacher grip in sustainability programs.

2. PROGRAM EXECUTION METHOD

Community service activities conducted in SMAN 1 Jiwan. In practice, the goal in this activity is a young fighter SMA Negeri 1 Jiwan Madiun. Design community service activities is using the game,
through the following steps: 1) consulting to the supervisor, 2) the initial observation to school, 3) design programs, 4) implementation, and 5) evaluation.

3. RESULTS AND DISCUSSION

From the observations in the field as well as information obtained through school principals, school counselors and classroom teachers can be concluded that there are 75% of the fighters managed to reduce the level of aggressiveness to be able to have a good social attitudes. And this shows the success of the program SILYCOUN Detachment for young fighters SMA Negeri 1 Jiwan.

From the implementation of programs that have been implemented, has seen the progress of students pesilat of which can be seen from the level of a low emotional, empathetic students in the mix and self-control, as well as some students at first like reflexes to hit, so far has shown a decline, though still there are some students fighter who require special attention in the guidance. So expect when the guidance program is completed, students are able to control themselves well and have not called to do a fight or brawl.

Tawuran a juvenile delinquency that must be addressed immediately. If brawl left alone and only rely on the laws it will not appear awareness empathy in those who are the foundation for students to be able to accept and understand others, this program seeks to help improve the character of the nation through addressing juvenile delinquency and turn it into empathy high realized through counseling methods play a role, it is expected that students can direct their potential for achievement.

Handling for the fighter who still has a high level of aggressiveness will be given in the form of services through group counseling and individual counseling on an ongoing basis to determine the root of the problems experienced by the individual in order to improve his attitude and to develop the potential that exists in him as true and purposeful.

With intensive training and the provision of counseling services it is expected that individuals who have difficulty fighter will soon be able to adjust. So that all young fighter SMA Negeri 1 Jiwan able to control themselves and developing empathy with methods play a role in order to avoid a fight or brawl that absolutely can not be seen kebermanfaatannya.

The next thing you can do to achieve maximum results, namely to prevent a brawl at SMA Negeri 1 Jiwan is the role of mentoring through existing BK teacher disekolah. This program is a new innovation for teacher guidance and counseling, because this program helps eliminate misunderstandings BK students against teachers who have long been regarded as the school police. This program can be used as a convenient means of creating a sense of students to teachers BK.

4. CONCLUSION

The benefits derived from this activity is a fighter student will receive guidance through "SILYCOUN Detachment" (Silat By Counseling With Simulation And Sociodramas) As an alternative Prevention Amongst Tawuran Pesilat Young SMAN 1 Jiwan. With decreasing and increasing emotional attitude of empathy generated in methods play a role, then the young fighters will be easier to control myself so as not provoked a fight or brawl. So expect students can improve academic achievement and non-academic at the next grade level.

5. BIBLIOGRAPHY